## Pegasus Schools, Inc.

P.O. BOX 577

896 ROBIN RANCH ROAD

LOCKHART, TEXAS 78644

## PEGASUS SCHOOLS, INC.

## LOCAL WELLNESS POLICY

**WELLNESS** Pegasus Schools, Inc. shall follow nutrition guidelines that foster student health, reduce childhood obesity, and promote the overall wellness of residents through nutrition education, physical activity, and the experiential program.

**NUTRITION GUIDELINES** Pegasus Schools, Inc. shall insure that reimbursable school meals are served in accordance with United States Department of Agriculture, Texas Department of Agriculture, Texas Department of Family and Protective Services, and Texas Juvenile Justice Department nutrition guidelines.

**NUTRITION EDUCATION** Pegasus Schools, Inc., in conjunction with Trinity Charter School, shall emphasize the importance of proper nutrition by including nutrition education in its physical education curriculum, experiential program, and cafeteria facility.

PHYSICAL ACTIVITY Pegasus Schools, Inc., in conjunction with Trinity Charter School, shall offer physical education with physical activity components and offer at least the required amount of physical activity for all grades.

GOALS Pegasus Schools, Inc. establishes the following goals:

Maintain an environment conducive to healthful eating. Sufficient time will be allowed for students to eat meals in a cafeteria facility that is clean, safe, and comfortable.

Express a consistent wellness message through nutrition education, physical education, physically based recreation activities, and participation in the experiential program.

**IMPLEMENTATION** The Nutrition Program Director shall oversee the implementation of the Local Wellness Policy and shall develop administrative procedures for periodically assessing and measuring implementation of said policy.

DATE ISSUED: 7/10/2025

Board of Director Approval: 8/8/2025

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